

Soulful Awakening



For the sake of all Beings on earth, I am learning to fall in love with the world as it is, and I comprehended the beauty in this awakening journey.

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Unconditional Love

In the past 28 days of silencing in social media, I choose to walk my talk, I choose to start new habits, I choose to have intention each day, I choose to forgive myself, I choose to release unsupportive self-talk, I choose to let go of the story, I choose to honor my soul being in stillness, I choose to surrender to the Divine will, I choose to practice unconditional love toward myself and everyone show up in my life.

That is not an ego-driven aspiration. Because I see clearly what is holding me back in life, I realize some of my old routine patterns of reaction still show up in my daily life, I inner-stand that I have been trained in a survival mentality but now is the time to alter, I notice some of the unproductive programs repeatedly running my supercomputer, and I comprehend if I do not continue doing my shadow work to clean up all those habitually practices, then I maybe stuck in the unconscious mindset or cannot be an example of a guiding light.

Now I purposefully chose those action steps to reinforce mind alteration:

1. Practice silencing meditation for one hour every day.
2. Practice praying each day and authentically articulate my heart with God.
3. Practice setting intentions daily to aim for beneficial outcomes.
4. Practice crafting schedule things to do to elevate my consciousness.
5. Practice a reprogramming mindset to see every event optimistically.
6. Practice accepting every situation that enriches my inward travel.
7. Practice forgiveness toward me, no matter what kind of mistake I have made.
8. Practice believing everything happens serving my soul expansion.
9. Practice constructing new habits that serve my awakening journey.
10. Practice paying attention to everything that brings back to my sanctuary.
11. Practice committing to consume food that nourishes my soul.

12. Practice taking care of my body temple with deep gratitude.
13. Practice dedicating myself to feeding my mind with wholesome thoughts.
14. Practice maintaining the attitude of my health is my wealth.
15. Practice projecting different experiences to add value to my learning adventure.
16. Practice being the best version of myself each day.
17. Practice building meaningful relationships that support each other walk.
18. Practice creating new paradigms to serve others and being a valuable contributor.

I inner-stand by persistently practicing seeing myself through different lenses of eyes, emotions discharge and accept myself completely, as well as knowing that I am in progress, I am good enough, and I am worthy of love. Then I shall experience unconditional love. Moreover, when I am in the space of self-love, I feel the freedom of being, I know the divine spark is in me, my gifts acquired from birth, then I can wholeheartedly accept divinity within each one of us.

I also recognized that it would take time for me to unlearn and relearn to have different self-awareness, self-perception, self-comprehension, self-realization, and self-actualization. Yet, I am willing to learn, I am eager to embark on this self-discovery adventure, and I am looking forward to mastering those techniques to gain self-confidence and be a guide for others.

Because I realized that the only way I could support others on their awakening journey was to have related experiences and go through the same things as other were going through. Also, I have the ability to recognize and distinguish the challenges faced by others and am fully accepting of others, genuinely engaged, and equipped with the tools to dissolve their issues. Since I acquired a source of inspiration and wisdom that is based on my experiences, I can freely give people a helping hand.

In addition, I know that when I have self-love and learn how to love myself unconditionally, I expand my self-perception. I am also a force of infinite love, an abundance-loving container that holds space for others to experience

unconditional love. While I have love to give and reciprocate love, I can also be more compassionate towards other people and their spiritual quests.

Yes, I am relentlessly participating in my inner work, I intend to master self-love.

Indeed, for the sake of all Beings on earth, I persistently to learn to fall in love with the world as it is, and I comprehended the beauty in this awakening journey.

Let Us Be Loving Expression

To all the Truthers, Freethinkers, Wayshower, Warriors, Light Workers, Star Seeds, Digital Soldiers, Energy Healers, and Content Creators, with love and gratitude, I appreciate you all for your selfless service humanity higher good. I want to acknowledge you all for tirelessly projecting your optimistic energy to uplift other people seeking journey, I want to express thankfulness to you all for endlessly radiating your brilliant light into the darkness. As well as continue to do your inner work, being an extraordinary example for others to witness your inspiring leadership.

Today I want to offer you an invitation, I purposely start this soulful dialogue. Yet, I'm not trying to offend anyone, I do not intend to judge or criticize others, I am not meant to condemn or ridicule anyone. I want to focus on raising some questions, being authentic, and holding space for undertaking heartfelt discussions. Then we can have a better comprehension of our similar perceptions, or different perspectives, it is vital that we unite together and partake in a common goal during this transformational time.

Please be aware, that this is not a controversial subject, but it is a Freethinker belief which from the bottom of my heart. Let's be transparent here, I have been

asking my soul this question everyday start in 2024, " What does mankind need the most in this extraordinary timeline?"

Then inspirations came through me from vivid dreams, automatic writing, insightful downloads, video messages, and friendly interchange, it all transmitted to me what humanity needs the most right now it's healing. We need to bring our body to a healthy state, then we have the energy to heal others and extend to restore the massive collective well-being.

What would be the actionable steps that we can take to materialize healing nations?

Focus on ourselves healing.

Focus on doing our own inner work.

Focus on living in the best version of self.

Focus on being a guide to inspire others to join our walk.

Focus on holding space for others to discover illusions.

Focus on offering an invitation of facts not limitation of beliefs.

Focus on leaning attentive ears and helping hands.

Focus on presenting opinion not subjective truth.

Focus on accepting other people's viewpoints and not criticizing them.

Focus on sharing insights and not overwhelm their mental state.

Focus on supporting people willing to learn and ask questions.

Focus on being respectful not against others' free will.

Focus on assisting others to experience their own transformation.

Focus on proposing a wholesome diet and a holistic way of living.

Focus on advocating your health is your wealth.

Focus on presenting the benefits of self-healing.

Focus on offering the value of raising consciousness.

Focus on sharing information that empowers other people's souls.

May I offer you this to ponder:

Human mission on earth is to learn, to experience, and to love unconditionally. We are here to change ourselves, not other people. Only our ego mind wants to push others to do what we want them to do and to be.

Therefore, no need to persuade, to force people to join our spiritual movement. As we are being an authentic self and leading by example: our conscience, our words, our actions, our works, our mindfulness, our deeds, and our acceptance shall influence other people to walk on the raise consciousness journey and humbly to do their inner work.

I believe that we are compassionate in respecting other people's journey, no matter whether they are undertaking the spiritual journey or not, no matter whether they are waking up or not, no matter whether they are stuck in the matrix or not, no matter they took the vaccine or not. Because everyone had an agreement with God as they chose to come to earth to experience life, everyone had a soul mission to accomplish, and everyone had freewill to choose what served their soul expansion. Think about it, God did not change them or punish them, so it meant they have value and serve the collective well-being.

Then why do we try to force other people to jump on the awakening adventure, why do we manipulate others to go down the deep rabbit hole, and why do we convince people spiritual path is the only way to liberation? Well, what difference is there, while we are acting like the religious disciples and against others free will? Please consider, that when we are on the righteous path, when we do not behave like hypocrites and practice what we preach, as well as when we consistently demonstrate acceptance and a compassionate heart, people shall automatically be inclined to join our energy field and willing to be our teammates.

Consequently, we are dedicated to our soul purpose, honoring our light, uniqueness, vibration, frequency, energy, gift, conviction, love, and contribution to mankind, then our openness shall illuminate others seeking journey, in addition to having the possibility for people to see through the cabal mind-control game.

Please join our soulful dialogue, and offer your insights, your suggestions, and your inspirations to support each other in walking on this awakening journey. May we always present an invitation to change and continue to bring the best out of each other.

Indeed, the transformation begins with me.

Celebrate Our Awakened

Changemakers and Truthseekers, we all witness lots of turbulent situations happening around the world, more than ever, we must stand in peace and unity. As we united in our diversity, united in our heart for humanity, united in our pursuit of fairness, united in our search for truth, united in our shared joy at this extraordinary time, united in passion for our magnificent earth, united in unconditional love for our soul chose to experience. Our strength lies not only in our individual convictions but in our ability to come together as one indomitable force, which the Cabal cannot deny the divinity of mankind and must acknowledge that we possessed mighty supremacy capacity.

While we move forward, let our actions speak louder than any rhetoric, let us embrace our differences, let us care for each other, let us learn to accept others as who they are, let us take responsibility for our actions, let us inspire others with hope, let us be a guiding light to illuminate brightly into others' seeking path. Which fostered optimistic change and not only promoted the transformation of souls but also left an indelible mark on the tapestry of mankind's history.

Just a reminder, the journey ahead may not be for any faint heart. Ultimately, it's for those who dare to dream, dare to change, dare to participate, dare to imagine, dare to act, dare to persist, dare to believe, and dare to have faith. Also, who boldly refuse to be confined by the status quo, or be obedient to accept the authority manipulation.

Together, let's forge ahead, in the power of humanity's free will. We believe in connection we find courage, in celebration we find joy, in support we find inspiration, in love we find strength, in equality we find freedom, in unity we find victory, in our own divinity, we find supremacy, and in higher consciousness we find sovereignty.

Despite the critical era of mankind, we believe that we have inherent talents and wisdom, and resources to handle any challenging situation, also we are unwaveringly give each other wholehearted help and unconditional love.

May we continue to hold each other's hands, recognize the momentum of unity, love each other sincerely, offer unreserved support, bravely partake in awakening movements, as well as willingly participate in soul elevation, and being the best version of self. My wise friends have faith, what doesn't kills us it makes us stronger, and trust every event is a blessing in disguise.

I strongly believe that if you are fragrant, butterflies will come naturally; if you are brilliant, heaven will arrange your life. Thereby, it is our job to do inner work and make conscious choices to elevate our soul experience.

May I share this profound inspiration with you:

"The aim of life is to live it intensely, to be fully born, to be fully awake. To emerge from the ideas of infantile grandiosity into the conviction of one's real though limited strength; to be able to accept the paradox that every one of us is the most important thing there is in the universe — and at the same time not more important than a fly or a blade of grass. To be able to love life, and yet to accept death without terror; to tolerate uncertainty about the most important questions with which life confronts us — and yet to have faith in our thought and feeling, inasmuch as they are truly ours.

To be able to be alone, and at the same time one with a loved person, with every brother on this earth, with all that is alive; to follow the voice of our conscience, the voice that calls us to ourselves, yet not to indulge in self hate when the voice of conscience was not loud enough to be heard and followed. The mentally healthy person is the person who lives by love, reason, and faith, who respects life, his own, and that of his fellow man." ~~ Humanistic and Philosopher, Erich Fromm

Soul Evolution

We all witness crisis, adversity, catastrophe, tragedy, calamity, and turmoil happening around the world, many humans start to question this manmade destruction, more people begin to examine those misfortune devastations, and we are all opposed to the cabal depopulation agenda. The positive outcome of those hardships or disasters is humanity finally wakes up from its slumber, we are no longer subjugated to elite manipulation scams, and we have an incredible opportunity to overturn all those unimaginable heartbreak events.

This is an inspiration that I took heart from US President John F. Kennedy's wise words: "The Chinese use two brush strokes to write the word 'crisis' (危機). One brush stroke stands for danger, the other for opportunity. In a crisis, be aware of the danger - but recognize the opportunity."

President Kennedy's wisdom encouraged me to reevaluate the crisis mankind has suffered during the last few years. Now, I comprehend humanity's learning opportunity in this confronting situation. I realized all those purge events are necessary tools for mankind to raise consciousness. I also inner-stand that crises make us to priority focus on compassion and solutions, and accelerate people to unite and join forces to triumph in challenging circumstances.

In addition, let us look at the interpretation of the word "crisis" by Chinese intellectuals. In the word "crisis", 1st symbol "crisis" means danger, 2nd the symbol "opportunity" reminds people of opportunity. These two words seem to have opposite meanings, but they are combined. The focus of representing "crisis" is on the word "opportunity". The word here does not mean opening, but the meaning of opportunity, although it is small and difficult to detect signs and trends. However, the changes and enrichment of the connotation of this word undoubtedly remind us that crises and opportunities always coexist, and we must pay attention to the opportunities in crises.

With this knowledge, I no longer accept the narrative imposed by the Cabal that different religious people should remain hostile to each other. I object to participating in the fear porn game. I do not consent to anyone programming my

supercomputer. I decline to project limitations that constrain the evolution of my soul. I do not buy into the brainwashing dramas of Hollywood. I refuse to stand by and watch other humans be indoctrinated into trauma-trained programs. Moreover, I seek meaning and opportunity in all those unbelievable situations to accelerate my spiritual quest and to assist others in their spiritual pursuits.

Yes, I'm not your everyday lady who enjoys spreading conspiracy theories or ignoring deceitful knowledge. I am a Changemaker and Truthseeker. I have spent the past 16 years doing investigative work, raising awareness, paying attention to this mirage, and exposing this illusory world. Additionally, I have discovered that the past, history, and current events are all fabricated by evil forces. Therefore, I feel it is my duty to present people with the research, the facts, and possible paths to awakening from the Matrix.

Even though I faced unthinkable difficulties, I denied being powerless. Although I was confronted by criticism, I refused to ignore my responsibilities. Even though others labeled me, I repudiated not supporting others in seeing through this unimaginable deception scam. However, I will not force people to wake up, I will not throw those bizarre doomsday fallacies into people's heads, and I will not provoke a fearful game to scare people into shifting paradigms.

I am only here to offer my self-realization, inspiration from learning, discovery in exploration, perceptions from unforgettable experiences, and profound awakening insights. With my contribution of compassionate heart and sincere invitation, I believe that more people shall raise questions from my compelling shared. Then do their own inquiries and boldly stand up to fulfill one soul mission. Indeed, it is our obligation to honor and protect this magnificent homeland, as well as for our sovereignty, our liberation, and our soul revolution to fight a winning battle.

This planet Earth, as we all know it, is transforming, is metamorphosis to is magnificent, and in ways that most of us can't even fathom.

My wise friends, please trust everything is always in the Divine Right Order.

I firmly believe mankind has the intellect to transform all crises into golden opportunities.

Journey of Awakening

✧ My heartfelt letter to all Changemakers and Lightworkers ✧

Recently, we all witnessed what is happening around the world, mankind is living in the most critical time, it is our Changemakers' duty to make an impact, to be a brilliant example of guiding light, and to use language as an instrument to influence and foster higher timelines for humanity to experience.

I inner-stand that many Lightworkers are concerned about humanity's well-being, disappointed about other people still living in the La La Land, believing this fictional reality, and frustrated that mankind may face an unimaginable calamity.

Yet, Changemakers, no matter how frightened we are about the future, no matter how worried we are for unawakening souls, no matter what happens around the world, it reminds us to stop habitual reacting and remain in Love. As Lightbearers, we must unite; we must bring a brilliant light to illuminate the truth of reality.

However, we cannot all of a sudden throw those conspiracy theories to others' throats, we cannot force others to wake up, we cannot push others to believe what we think is the facts, and we cannot threaten others to accept the truth without hesitation, we cannot penalize others for still buy into the government indoctrination and not willing to stand up.

But we can do is accept others with our heart, accept others' refusal of change, accept others' rejection of self-discovery, accept others' denial of the illusion of reality, and accept others reluctantly step out of the mind construction matrix prison. Most importantly, accept others as who they are and their conscious stage, we are holding space with open mind, and being there for them as they raise questions about awakening.

Compassionate Lightworkers, think about the time that you were embarking on this raise consciousness journey, think about the devastation that you felt when you found out a human's life was cheated to by the evil force, and think about what you had been through to become who you are today.

May I share my awakening journey with you. I was blindly followed and trapped in mundane life for a long time. I've been trained to be afraid to defend my opinion and be conformity to everything that the authority injected into me. In 2008, I initiated my spiritual quest in India which forever transformed my life. In 2011, I began deep diving into the conspiracy rabbit hole full time, for the last 13 years of exploration, I almost forgot my food and sleep to research, to question the Universe why allow those events to perpetuate suffering on mankind. I also learned to release the unproductive mind program, through unlearning and relearning thinking habits, I had raised consciousness to stop self-prepositioning unhealthy emotions and inflicting pain on my body, and to seek a way out of the calamity that the cabal imposed on our reality.

Yet, the more I discovered the falsehood that the cabal installed on our brains, more I comprehended the evil dirty secret to contaminating our supercomputer, more I uncovered the mind-control game that the malicious beings inflicted upon mankind, no one can imagine the emotions that I was experienced during that time: anger, frighten, worry, disappointed, fear, devastate, scare, frustrated ... After some time drowning in those negative emotions, which involuntarily cost me experienced depression and disease ...

After many years of doing inner work, releasing unsupportive systematic thinking patterns, practicing embodying forgiveness of the wrongdoers, and flipping my opinion of every challenge event that I faced. Because I realized that what I think is the whole truth maybe just a piece facet, I discovered that my perception alters my perspective, my objective transforms my subjective, and then I realized how to play this epic reality game more effectively.

In addition, by accepting myself and others, and committing to learning to love everyone and everything unconditionally, then I experienced relief and healing.

Our wise Changemakers, I shared my story with you in the hope that you come to your self-realization. We don't need to convince everyone to wake up, we don't need to play fearporn to persuade others to jump out of the mind-manipulation game, and we don't need to use dysfunctional systems to create separation to affect people's mental state. I also hope you look into your heart, when you go down this bottomless rabbit hole 🕳️ 🙌 and you see how dramatic is, you see how much

corruption and deception the cabal imposed on mankind, how much you were frustrated and pessimistic by the evil agenda of control, and how much you want to throw up after you watched many conspiracy theory movies. Yes, we all felt sick to our stomachs and heartbroken, as we found out what the cabal did to humanity, how they suppressed our consciousness and lowered our self-defence by putting poison in our food, our air, and our water, such produced disease into human body. Also, how they mislead us by constructing a fraudulent school system, and sick care pharmaceutical scheme. They fabricated Hollywood entertainment to limit our potential and tamper with history, which forces human into unhealthy minds and forget about who we are.

I am thinking about many years ago, when I found out all those unfathomable conspiracy facts, how angry I was, which was that endless confusion and helpless devastation that damaged my psyche. Therefore, based on my personal experiences and the difficult time I was enduring, I do not wish other people to go through what I have been going through, I do not want another human being to experience the shock of mind, the fear, the sickness, the depression and the unimaginable suffering.

Our Changemakers, I know you wonder why I no longer push people to wake up because of what I have faced and the message from my higher self. I know what I suggested here may be controversial, or we have cognitive distance, yet I would like you to ponder, this awakening path it's not for a fainting heart, it's not everyone who chose to be on earth to undergo it. So, I choose to respect other people's freewill not force anyone to change and allow others to wake up naturally according to their soul's mission. Just be patient, be an integrity example, be a guide to present research facts, as well as hold other hands when they discover all those unthinkable truths and intend to pave the way for people to experience liberation.

Please be prepared, in the next few months, the belief system and the government system will crumble, and more people will awaken and find out the facts, when people are exposed to the truth, people may be dumbfounded or frightened, angered or resentful, distressed or suffocated. But I know you have a compassionate heart, you don't take joy in seeing other people's world flip upside down, and I don't think you have an ill will to use fearful tactics to force others to

abandon the normal life that they know, I don't believe you could utilize scarcity to destroy people's mindset to push them to jump ship into the awakening path. Because we recognize that we are all in this symbolic metamorphosis shift to magnificence, we are all certain that Lightworkers shall continue to be facilitators to assist others to see light in this darkness illusion.

The question to our souls is how we can walk the fine line, operating on harmony, balance, patience, compassion, and unconditional love to inspire others to join our awakening movement.

In the last 28 days of silencing in social media, I had an epiphany that we are all on our own individual hero's journey and unique adventure. which is our time to remember who we are and what our soul chose to experience. Some of the people may meant to charge forward to pave the way to create a new earth, while others may be prepared to be ordinary to watch this magical movie, some of them are willing to support silently and cheer on others in their souls. My genius friends, this is after my self-realization, I chose to reframe unsupportive situations, unpleasant stories, and unkind people to serve my soul growth. I firmly believe that when I proactively change the narrative of life events, I can alter the trajectory of my life experiences.

Please remember we are the ones who have the supremacy to flip the situation around, we have the willpower to collapse the old program that no longer serves our higher good, we have the authority to transmute any negativity to valuable circumstances, and we can construct the illusory world that benefits our soul revolution, we have the intelligent to transform every challenging issue to be a blissful event, and we have the gifted to materialize brand new earth to experience. Positively, the Benevolent force supports humanity's evolution.

Our awakening Lightworkers, it is our unwavering duty to discover facts, our priority to stand on the truths, as well as to offer collaboration and solutions to assist, support, create, to inspire others to be a radiating light in this transformation era. Whenever we work together, collectively can create the paradise of our imagination on earth, conjure up a higher timeline, and project captivating adventures to experience.

May we continue to dedicate to metaphysical awareness and self-development.

Your Health is Your Wealth

Did you know that we are trained to blindly accept the products that are advertised?

Do you know we are being conditioned to believe the authority without hesitation?

Do you know we are being taught to trust the scientist's perspective is it always correct?

Do you know we are being programmed to buy into the mainstream propaganda?

Do you know we are being stipulated to allow the government to dictate our lives?

Do you know we are being educated to live in comfort not to question illusion?

Do you know we are being accustomed to addicted to old habits and foods?

May I offer you 3 questions to ponder:

1.) We are what we eat.

2.) Our body has a healing mechanism.

3.) Our beliefs construct our reality.

For example: Most people know that sugar, soda, and junk food do not have any nutritional value to our health, yet, when you walk around the supermarket, you see lots of people purchasing those unwholesome foods and consuming them with blind eyes. Then they wondered why they had diabetes, disease, and torture by an unhealthy body.

Another example: many awakening souls are aware that toxic food can harm the body and affect their vibration, also lowering their consciousness. Yet they made many unreasonable excuses and expressed they needed human experience even though they knew the food ingredient contained poison.

One more example, some people willfully know that when they intake junk food, and feel guilty, then they have unconscious energy cursing the food and substance. Since they subconsciously think that was poison and crappy food, then they

habitually project under-appreciation frequency into what they eat and unknowingly intake toxic energy into their body that causes illness.

Another interesting story: An awakening soul aware that his overweight was a body full of toxicity, then he took steps to do elimination and recalibration work. Yet, after 21 days of juice fasting and healthy eating, he has transformed his body and 23 lb lighter. However, a week later, he systematically falls back into his comfort zone, since he's accustomed to the normal way of living is being trained to accept the intake of bread, sugar, meats, and junk food as a lifestyle. Despite the outcome of experiencing a holistic body and receiving lots of messages from his higher self, he preferred to live in comfortable pain, instead of challenging his soul to live free of suffering.

I am sorry to inform you, that having a human experience does not imply that need to consume meat because those substances lower our energy and consciousness. Think about the ruthless and violent way that some humans impose upon animals, how can the creatures willing to provide mankind with nourishment, wholesomeness, and loving energy? Moreover, when we knowingly generate happiness on top of other beings' suffering, then how can our conscience experience a peaceful mind and unconditional love, as well as how can we offer other people blessings with a compassionate heart?

I want to state that I do not judge people's choices of living, but I want to invite you to reconsider the choice that you have made and prioritize your wellbeing. Does your lifestyle add value to your body? Do your eating habits benefit your health? Are you conscious of the food programming? Do you realize that many so-called authority figures are deliberately regurgitating, misleading, and misguiding people to ingest artificial foods? Did you know that your body is your assets?

One more critical research wants to present to you. Alcohol = Spirit (description for alcohol). Do you know this is indicated when your intake lots of alcohol, your spirit is taken over or controlled by an evil spirit? You see the cabal blatantly notifies you of their dark agenda. yet still many people addicted to alcohol, unintentionally allow those drinks not only to lower vibration and interfere with their sharp mind, but also diminish their uplifting energy and dim their brilliant light.

I want to propose to you, my compassionate friends, as we recognize that we are what we eat, and we become what we drink. I hope you pay attention to your consumption, and be mindful of false advertisements, counterfeit ingredients, and deceitful labeling. Only ingest food that you can see is organically grown, not man-made, or manufactured, which contains preservatives and lots of toxic chemicals.

Because wholesome food can heal, can provide us with vital energy, and bless us with life force. So, it is our duty to watch what we consume, choose healthy nutrients to nourish our body, and select food that supports our body function.

Yes, I inner-stand that sometimes we want to indulge ourselves, a feeling of celebration to reward our soul for good works, yet, emotional eating can not elevate our consciousness to a higher level. Or worse, they continue to intake unhealthy food, and our overly pampering may cause weakened self-awareness or a decline in self-determination.

You see, when you purposefully take good care of your health, you are not only generating wealth, but also being a leading example of radiant light and showing the benefit of doing God's work. So, let us put our body's needs as a priority, and demonstrate to other people a healthy way of living is to honor God and all life.

Wise souls, as we are on this awakening journey, we are a role model, sovereign beings, and have integrity, also our words, actions, and deeds need to be cohesive then we can inspire others to join our team.

I know until you hear and realize and believe that you have higher order, higher dimensional DNA embedded within your DNA, you won't believe in miracles.

People who expect miracles will experience miracles, and people who don't believe in miracles will never experience miracles, it's not seeing is believing, it's believing to seeing.

We Express, We Experience

We have been misguided in school about how this reality exists, we have been inundated by magnitude misinformation to our perceptions, our minds have been indoctrinated by a group of authoritative elites, we have been brainwashed by fraudulent advertisements, and we have been programmed to adapt the black magic spell. Also, we have been trained to accept outsiders to influence our articulations, emotions, behaviors, minds, and beliefs.

We have been misled our words don't have power, but the dishonest leader's rhetoric has more supremacy over our lives.

We mistakenly trust that deceitful government instruction has a helpful intention to serve humanity's consciousness and advancement.

We innocently believe the education system is teaching us to be righteous, also to bestow human best interests and higher good.

Because of the cabal manipulation, mankind forgets who we are. We don't comprehend how powerful our words are to dominate our soul, and our communication with each other, our expression to the Divine Force.

We didn't know our words were not only adjectives of feelings, articulation of emotions, narrative of stories, but also, words can commend, assemble, design, magnify, command, project, and materialize new reality to experience.

That's the reason that the English language is called spelling, which means casting spells.

If you don't believe me the black magic spell, look at the words, God, backward is dog. look in other words, Live, backward is evil. Good morning = morning of dead people ... Many examples, that is how the cabal casting spell on humanity and conjure up this fictional reality. Now, you know how mankind was cursed and unknowingly forced to survive at restricted existence. My friends, please do your research and come to your conclusion.

However, this fabricated casting spell game is over.

May I present more research evidence and facts to decode the matrix.

Since the Infinite Intelligent took back control of the earth, the head figure who has the most authority to corrupt and supervise human language gave up manipulation and surrendered, then the public watched her extravagant funeral on September 19, 2022.

So, did you scrutinize the Queen's luxurious funeral? Did you know a Sacred Force calculated every move and then presented it to humanity? Did you see a large man in the middle of the programme, performing a ritual?

This is not a conspiracy theory or a myth, you can search for it on mainstream television. That man took out a long wand, with a sad face broke up the magic wand, in this unbelievable formality, he put the broken magic wand on top of the queen's casket in front of millions, and millions of people watched. This is a representation of the casting spell scheme that is buried with the queen, which demonstrates to us that they can not impose the unfair game on us, which symbolically informs mankind that black magic is no longer working.

So, no need to be frightened, because when we know the facts and truths, also no longer willingly participate in the matrix game, then the magic spell loses its effect and its power.

Thereby, let us consciously declare those proclamations:

We are free of the mind control game, we are free of the victim mentality, we are free of the destruction system, and we are free of the delusion matrix. Now, we are free to choose, we are free to produce, and we are free to express and create new realities that elevate our souls.

My wise friends, you may have doubts, you may disbelieve the facts, and you may question why on the surface, lots of people are still stuck in lower consciousness. Because some people are unwitting to see the truth or choose not to perceive the writing on the wall, some people rather live in familiarity with suffocation than face the unknown, and some people are not willing to give up programmed comfort than dare to start adventure experience.

Or some people are starting to awaken, beginning to learn, and initiating tools to utilize words to benefit their soulful experiences.

No judgment of your choice. I inner-stand that it takes tremendous strength, fortitude, determination, willpower, and faith to change, unlearn, and relearn, as well as to believe in oneself. Yet, when your soul feels it is the right time to investigate, then you shall find out the power of your words, your experience has come from your expression, and the unwelcoming reality that you had constructed for years. Which shall compel you to have a new quest of discovery, and purposefully to select your self-expression for the betterment of your self-growth.

Keep in mind, as you intentionally express your heart with empowering thoughts, your words have a significant impact on your life, not only transforming the energy field around you. But also, you project what you want, conjure up different life experiences, and materialize self-realization, thereby enhancing the evolution of your consciousness.

May I offer my soul intention to you: I am continuing to be a service of mankind, to be a guide for the awakening soul, to be a brilliant light for others' spiritual pursuits, to be an excellent example of walk my talk. As well as unwaveringly sharing authentic self, research discovers, subconscious fears, experiment stories, undeniable worries, seeking journey, lack of patience, learning experiences, genius mistakes, self-realizations, insightful lessons, the conception of knowledge, imperfections of writing, limitation on English, awareness of matrix, the possibility for spiritual growth, the benefits of relearning, dedication to self-development, the inspiration of epiphany, food for my soul's health, resilience in turning situations around, also my audacity for persistently doing my inner work each day.

May we all be free from the manipulation of the spell of "words and thoughts"

Your Personality Becomes Your Present

I was meeting a friend for lunch a few days ago. yet, before I left the house, I told my friend that I was worried about the traffic jam, and told her I may be late.....

How genius I am, and my preconceived expectations which forecasted the future and then materialized late for me to experience.

After I got home, I keep asked my soul why I created this situation to disappoint my friend...

Here is what transpires from that unpleasant circumstance.

life does not happen to me; life is response to me.

Since I was worrying, verbalizing, expecting, and projecting my experience. I didn't know I was unconsciously sentencing myself. Since my soul loves me unconditionally, my soul conjures up a way to assist me in creating a traffic jam to fulfill my Prediction.

Now, I have learned many things that happen in my life when I consciously activate self-thought, self-believe, self-prophecy, and self-creation, and then I construct a mesmerized reality.

Let's decode the matrix programming and producing new thinking, new expression, new personality, new habits, new language, new narratives, new patterns, new stories, new predictions, new beliefs, new conclusions, and new projections to materialize new experiences.

The first example is when you say I am tired. you subconsciously sentence yourself. Since you are verbalizing, broadcasting, and dictating your choosing, you also unconsciously close the door from the energy field. By default, you shall feel drained or exhausted, because each time you speak about it and give it momentum, you are the one doing activation and calling it into experience, since your soul is taking orders from you.

The second example is when you say I am always late, your preconceived expectations, then your subliminal mind permits this behavior to happen again and again, and then your regurgitation and willingness allow the things delay to become fruition. The insight is, that when you don't respect other people's time, not only you don't respect yourself, but unfortunately, you also create a ripple effect in your own reality.

Consequently, everything that you wish for shows up late at your door. Like your friend delaying your meeting, your family postponing your dinner, and your boss being late to give you money. Because the Universe reflects to you who you are. Until you learn your lessons, acknowledge your temperament and shortcomings, have self-respect, and respect other people's time, then you shall see all that limiting situations change. Your soul shall deliver your outcome of aspiration, your wealth, your desire, your opportunity, your ambition, your partnership, your creation, your dream, your travel, your healing, and your breakthrough in time.

The third example is when you say I am stupid. Even though you have made a gigantic mistake or lost lots of money, you should not curse yourself. You should not beat your soul and label yourself foolish, because when the Universe sees you don't love yourself, it shall allow people to show up in your life to disrespect you. Since you are a powerful being, you are the one who casts spells and magnets all those experiences into existence. So, you can not blame God allow those dilemmas or difficult people to appear in your journey. The undoubtable fact is, that when you love yourself unconditionally, no matter what transpires, you will not degrading yourself or insulting The Creation.

That's the reason that when I make mistakes, I always choose to label my character "genius". Only geniuses possess the audacity to make things happen, to have a fun time, to shift paradigms, to be a leader, and to materialize a colorful life experience.

My wise friends, you have a choice. I know life has no built-in meaning. Every personality, situation, experience, and event does not have any meaning until I give it meaning and then generate a meaningful story. Thereby, I always do my best to practice mindfulness, only activate my choices in an optimistic and uplifting way, and also perceive different discernment to advance my soul growth.

Keep in mind, that humanity has been conditioned and inundated to use past events, scenarios, experiences, narratives, and emotions as a reference to dictate, forecast, and project reality.

In addition, the English language has been contaminated and corrupted by the cabal for many years, they had an evil agenda to alter human language and target to change mankind's paradigm, besides aiming to suppress human consciousness and righteousness. Thereby, you need to be mindful of the words that you choose to give energy to it.

Don't forget, that you are the one responsible for whatever occurs since you are the ones who call all those experiences into existence, as well as your character produces the sacrifice of your magnificent future from your addiction of the past stories and obsolete emotions.

I propose you look at what you have done in the past, examine your character, and determine if your way of thinking, verbalizing, and predicting brings the best out of you. Also, bless your incredible life experience. Be aware, that your personality is present in your life, so which narrative that you told yourself shall expand consciousness and wish fulfillment.

Ask your soul, will you reprogram your articulation and your mind to elevate your perception, if the answer is positive, then is it time to change your personality and use a different approach to materialize an epic present to experience.

Remember, you don't live in a mental paradigm of outside influence controlling you, you live in a mental construct of your own creation, you live in a mental construct where it is your limiting beliefs that create the cage of your experience. so, full awakening is when you start to realize to unlearn what you've learned, and then you can break out of these mental cages of your own construction.

My genius friends, may your word conjure up phenomenon, and bestow your
magnificent gift

May you believe miracles in your daily life, every situation, and your new
adventure!

Speak Your Aspiration Into Existence

At one night's meditation, I felt some words streaming from the ether, and I seized this opportunity as inspiration for my materialization process.

Looking back on the last 16 years of my spiritual quest, I had visited 11 countries by myself with a backpack and with my passion. All those unforgettable experiences blessed me with self-realization and enriched my life, also inspired me with insights which is what I did to materialize all those memorable adventures safely and joyfully.

3 Materialize action steps

1.) Every time I felt aspiration or received insights from my soul, I seized the probability and then boldly took action. (Like when I received the dream message and felt God called me to travel to India for a spiritual journey, then I followed that guidance and remortgaged my house to take out some money, and within a short time showed up in India to have a 100-day pilgrimage).

2.) Each time I receive an aspiration, I shall speak for my heart, I shall inquire for a clear vision, I shall pray, I shall have undoubtable faith, I shall create a concrete plan, I shall take efficient action, I shall surrender, I shall share it with my best friend, and I shall have the intention to speak it into existence.

3.) I practice the Materialization Law of Three. Which is I consistently speak of what I aspire to experience for 3 days, then I Let Go, with no expectation, not attached to the outcome, unwaveringly to allow my soul and God to surprise me.

6 Insights for Materialize Smoothly

1.) Have an affirmative intention for what you choose to create.

2.) Speak your aspiration or desire passionately to the Universe.

3.) Completely accept others' opinions or challenges in your way.

4.) Project an optimistic outcome that you choose to experience.

5.) Acknowledge what is, keep faith in your invocation and miracle.

6.) Surrender to the unknown and continue to take effective actions.

9 affirmations to assist you to materialize your aspiration

My soul always bestows me insights.

My soul always brings my guiding light.

My soul always provides for me.

My soul always supports my journey.

My soul always meets my needs.

My soul always knows the best to accelerate my learning adventure.

My soul always blesses me with experiences that elevate my consciousness.

My soul always chooses events and people to present me with a gift to explore.

My soul always assists me in being an instrument of light and contributes love to humanity.

Remember 3D is a Paradox, when you make your request and invocation, God shall look at whether this will benefit your soul expansion or not. So, be patient, you can not command your soul or demand God to deliver your desire in your term or in your timeline.

Keep this in mind, when you completely surrender, completely let go, and allow God to surprise you, you shall be blessed by miracle.

Be aware, that if you don't materialize what you desire at the timeline that you wish, don't project negative energy, don't get upset, don't speak critical words, don't be frustrated, don't put yourself down, don't give up, don't lose faith, don't let the ego get the best of you, don't judge why God didn't help you to materialize your desire.

Have unwavering faith. Knowing that you speaking words has power. Since English is called spelling, as you are speaking, you cast a spell, and your invocation creates an energy field to bring forth your aspiration into existence. You need to inner-stand that if this desire is not meant for you to materialize to experience, your

soul will not receive that inspiration, because it is your super-conscious that blessed you with the aspiration.

Your most important task is, to have self-confidence in your intelligence, and always have an attitude of heartfelt gratefulness toward every situation. As well as absolutely trust God has a valuable plan for you to elevate consciousness and guide you on this magical discovery journey to benefit mankind's betterment.

My wise friends, I am looking forward to hearing about your materialization adventure.

Your Word Materializes Your Reality

Do you know your word has a power?

Do you know your word creates a reality?

Do you know your word project can your life experience?

Most people have not been taught how powerful your word is, it is like performing magic, and your word can craft your experience and your world.

Let us decode what English is. English conjoins spell letters and puts them together to become words, this is why English is called spelling, which means that every time you are verbalizing, you are casting spells, you are literally conjuring up reality.

The cabal who created the English language did not hide this secret, they said it openly and let us know why English call spelling, which means is a cast spell on the matrix and makes imprisonment to trap human in the 3D timeline. In other words, the cabal corrupted our language, then used the "predicted programming" and manipulated human consciousness.

Also is the reason that the cabal invests enormous money to produce fraudulent advertisements, conflict movies, lower frequency music, tamper history, wickedness artwork, misinformed social media, deceitful game shows, black magic tales, and trauma television programs to project inconceivable illusions to stimulate the matrix and to breakdown human perception.

For example, when you are in court and the judge asks: Do you understand? If you respond, "I understand," it implies you are willing to stand under the court and let the judger cast any judgment on you. It's an unwritten rule in court - When you say understand means automatically standing under one's authority. That's why I consciously choose to use the term "inner-stand," which indicates I stand within and comprehend your soulful dialogue. Because no one is above me, no one is under me, we are all sovereign beings, and we are all equal on this planet Earth.

Other example is the word "government". Govern is derived from the Latin verb *Governo*, which means "control". Ment is derived from the Latin *mente*, meaning "mind", and put together the translation is "to control your mind". This is the cabal's purposeful manipulation of the human mind. People's subconscious minds are being programmed into this equation, and they voluntarily give the elite permission to control their thoughts.

Another example is the word "television" which means "Tell Lie Vision". This is what the Cabal outrightly tells us that they utilize this tool to enable lies and false visions. Subliminally, they operate deception, misdirection, stimulation, and intrigue to fabricate reality, to program our minds and condition our emotions, also to confuse people into a trap to further their evil agenda.

Countless examples, you are welcome to do your own investigation. Now, you inner-stand that words deadly as a sword. The cabal was persistently conjuring up negative energy to influence the human mind and the corruption daydreams about altering mankind's higher conscious timeline.

Since all those studies proved to me that words can make us and break us, I am learning to be more mindful of my words and what I speak, because vocabulary and verbalization are powerful instruments to program our subconscious mind.

Now, I hope you inner-stand the hidden spells of the English Language and its secret meaning, then you shall be watchful of what you say to yourself and pay attention to what you say to others. When you say obstructive or unsupportive words to yourself, your words not only cast a spell on your experience but also project your future and materialize your reality.

For instance, when you say I am a procrastinator, you sentence yourself, then your unconscious mind creates a loop to repeat the same circumstance over and over again to be procrastinating.

In other instances, when you say I am a messy person, then you are project hindered and trouble to experience since your word casts a curse and creates an energy field to respond to your powerful spelling.

Another instance is when you say life is not easy, life is difficult, life is suffering, life is unpredictable, life is full of challenges. By default, you are the one that dictating and directing all those dilemma circumstances to experience. Because your soul loves you unconditionally, when you are verbalizing and expressing your word to the Infinite Source, then your soul thinks you want more of those situations and grants you your wishes.

People forget that countless individuals have had their brains programmed by dark forces, they are not only gullible, but also many people just know how to live and predict the future based on past incidents and outdated systematic thinking patterns. Alternatively, individuals presuppose limited experiences and materialize them into their future, which may not serve people's higher interests and beautiful visions.

Therefore, please speak what you mean and mean what you say to add optimism and value to your day.

Remember, you have the intelligence and what it takes to build a new story, new meaning, new vocabulary, new interpretation, new narrative, new practice, new observation, new input, new perception, new habit, new imagination, new pattern, new imprint, new change and to create a new life journey.

Do those experiments to see the results then you shall amazed to realize how powerful your word is. Besides, you learn to build your confidence, also you know

how to verbalize, to project your reality with uplifting words, then with your self-believe bring it into existence.

1. When you are going into your car, you imagine: the traffic shall run smoothly, I bless everyone driving peacefully and safely, and I am welcome and grateful for all my experiences.

2. When you are going to work, you commend new experience: I shall get along with my co-worker and my boss effortlessly, and we shall co-create meaningful relationships and new realities.

3. When you face some challenging situation, you alter the result by shifting your energy to joy, You only declare the outcome that you project to experience, then let go and have faith, trust your soul shall materialize efficient things that benefit your consciousness expansion.

When you practice the above affirmations each day, then it becomes self-evident that you shall see language and words are powerful, acknowledge you can cast a spell and add value to your learning journey, and own it with confidence.

Say the below invocations with conviction, and three times when you go to bed.

I am that I am, I am enough, I am worthy, I am deserving, I am healthy, I am blessed, I am loved, I am happy, I am light, I am abundant, I am powerful, and I am grateful.

Keep in mind, that your speaking word is prediction since you give frequency, vibration, and energy. So, choose wisely, be mindful of your word, and what you want to materialize new reality and bring it to existence.

My epiphany from what I discovered: words can provoke, words reflect, words are energy, words are projection, and words are powerful. So, it is our duty to use words to expand our mental horizons, cultivate mindfulness, and enhance emotional well-being.

Yes, there is much to learn, unlearn, and relearn so that I can inundate the systematic reaction, interrupt habitual thinking, release outdated patterns, also recondition my brain to focus on words, thoughts, and emotions that serve me to be fully awakened. Indeed, it is time to reprogram my mind.

Definitely, when I have awareness, when I am in higher consciousness, my inner power dissolves the subliminal program and dismantles black magic spelling.

May I offer you actionable strategies to nourish your body and your soul. Surround yourself with optimistic people daily, join invigorating conversations, and utilize impactful words to empower each other. As well as having positive self-talk and believing in your words, trusting your practices self-care rituals can establish a holistic body.

Have Soulful dialogue each day: immerse yourself in soul-nourishing stories, and insightful wisdom that ignite your inner spark, deepen your connection with your soul, and infuse your life with uplifting words and new meaning.

My awakened friends, may you utilize words to empower your soul experience and harness positive energy to raise your consciousness and enrich your learning journey.

12 Steps to Materialize New Timeline to Experience

Message from Higher-self

If you dare to do your inner work, have the desire to connect with your soul, and aspire to receive messages from your higher self to Materialize an invigorating journey, here are 12 Simple steps process for you to practice and align with your higher timeline and to have exceptional life adventure.

1. Call in your soul to connect with your heart. Also request to connect with your higher self, your spirit guide, your higher mind, your higher consciousness, and your Divine team. And whoever your soul chooses to believe in.
2. Invite your Divine team to be present, and sincerely request to have a heart-to-heart conversation with the infinite source.

3. Visualize your Divine team before you, they are radiating loving energy and watch over you.
4. Open your heart, be authentic, talk to your Divine team as they are present to listen to your request, and enjoy this soulful conversation.
5. Sincerely set an intention for what you want to experience in this timeline, express your aspirations, thoughts, and questions, and then request your Divine team for clarity and insights. Expect to see your tricky inquiry and challenge situation that you have been facing have optimum solutions and constructive outcomes.
6. Ask your Divine team to use you as an instrument of light and love, then promise that you are committed to following through guidance that you have received, willing to contribute knowledge to serve mankind. Also, you pledge to use your gift to dedicate to support others to raise consciousness and to be a blessing to humanity's transformational era.
7. Request your Divine team to speak to you in thought form, or use someone to share a message with you, or explain to you in dream time and give you direction and inspiration for self-advancement.
8. Require your Divine team to give you signs and confirmation to validate your gut feeling, which bestows you the comprehension to feel inner knowing and have the confidence to trust the answer that you have received.
9. Express your gratitude to your Divine team. Projected and feel you have received extraordinary assistance and inspirational insights from your request, even if you have not gotten the probable outcome yet. Have conviction that you have the intelligence and everything that you need to bring this ambition into existence, also believe your persistent activity and faithful surrender to create a miracle.
10. Follow your heart and gut feeling, as well as continuously take action, trust your instinct, and follow through your intuition. Be determined and commit to completing the task within a certain time frame like seven days or in one month. Knowing that the more you have faith and act confidently, your soul and spirit guide shall bless you with more clarity and insights.

11. Reward yourself, act as if you have materialized something incredible, and have helped other people. Then to celebrate your achievements, like treat yourself to a gourmet lunch, or an uplifting movie, or purchase something memorable to commemorate your success. My personal preferences are collecting crystals as my reward, to anchor my avatar and my space in higher energy and higher frequency.

12. Practice the Materialize Law of Three. Do those steps and projections for three days consistently. Have faith and trust you have the uniqueness and intelligence to create and materialize financial abundance. Also have the inner freedom, to experience higher timelines and alignment with your new reality.

Keep this in mind, if your aspirations are not meant for you to materialize, your Divine team will not imprint that desire into your awareness and your super consciousness, when you fully know that, and completely believe in your soul aspiration, your expectancy, your vibration, your frequency shall effortlessly shift into the higher energy field and alignment state, which can easily access to the new timeline to experience, then you can create something magnificent to dazzle the Universe.

Remember that every time you materialize something brilliant, it is your super-conscious decision to create a gift beyond the imagination and give it back as a present to the Great Creation. Therefore, your soul and the Infinite Spirit shall assist you to materialize the aspiration and to glorify the majestic phenomenon of the Universe.

Please know, that your soul, spirit guide, and Divine team are always here to support your journey and direct your steps. yet it is your duty to listen and create new perceptions and different thinking patterns to elevate your consciousness and become a revolutionary light. As well as to follow your enjoyment and excitement, trust your self-prophecy to bring forth the higher timeline to serve humanity's best interest and higher good.

Your Words Conjure Up Actuality

Do you agree, nothing is random in life.

Do you know, it is our words, our vocabularies, our jargon, our feelings, our emotions, our energy, our projections, our expectations, and our prophecy that conjures up this Matrix game.

Do you believe, our language is like a spell ritual, we can use it to elevate, to uplift, to enlighten, to inspire, to enrich, to manipulate, to conspire, to empower, to cast magic on our life experiences.

My wise friends, the choice is ours, as we pay attention, have intention, trust instinct, as well as be mindful of what we choose to materialize, then we shall create more beneficial, substantial value and meaningful situations to experience. Since you are the One that magnets everything into your energy field.

May I illustrate a story for you to ponder. I have a friend who has wanted to lose weight for many years. Yet she often complains about her body, criticizes her heavyweight, curses her food, and condemns her diet. but she doesn't want to give up junk food or unhealthy choices. Ridiculously, she protested that God had made her overweight, exhausted, diseased, brain foggy, unconscious mindset, and lacking motivation in life. In fact, she denies the self-defeat, self-destruction, self-criticism, self-centeredness, self-indecisiveness, and weak self-control that constitute her actuality .

We seem to forget to take responsibility for our own existence, we seem to forget we are not powerless, we seem to forget to choose a wise choice, we seem to forget our thinking is the most powerful tool, we seem to forget that we are the One which creating everything in life to experience.

Please keep in mind, our language is not just terminology, but also a template, a pattern, a program that pavilion our awareness. It is an instrument that enriches or limits people's intelligence, influences or depowers people's thinking habits, and enlightens or clouds people's conscious observation. Thereby purposefully, we

weave some beautiful words, spectacular stories, and touching narratives to bestow us the strength of our souls.

Humans have been misinformed and trained to source the past to recall, the story to remember, the feeling to prepare, the history as a safeguard, and the emotional reaction as references to create reality. Yet, no wonder, why people keep generating the same experience.

Because mankind has been trapped in the loop for a long time, we did not know we had been inundated by deception, we did not recognize the cabal fabricate tricker to block human potential, and we did not perceive elites utilize our trust as a weapon to against our conscience, we did not distinguish it was the obsolete references that regurgitate the energy field which produces the same cycle of result, we did not realize we have been condition to be submissive to program, we did not aware how we give birth to the identical challenge situation over again and again.

May I offer you tools to release and ideas to forgo any negative and unsupportive life event.

1. Pay attention to your words.
2. Watch your reaction to other people's triggers.
3. Examine your daily experience.
4. Be aware of your emotions toward challenge.
5. Be mindful of your projection of reality.
6. Be conscious about what you want to materialize.
7. Be purposeful to use your energy to empower others.
8. Being supportive to co-create events that benefit other people's journeys.
9. Stay optimistic and open-minded to accept everything that shows up in life with peace.

Other important thing to do is to create effective and optimistic remarks to eliminate contradictory rhetoric, which to replace alternative statements that add value to your transformation.

1. That's a crappy diet.
2. I am addicted to junk food.
3. Everything on the market is lack of nutrition.
4. I know what happened in the past, I can not fix my health.
5. It is difficult for me to do this inner work.
6. No one inner-stand me.
7. My family said I can not achieve anything.
8. It is a chaotic world around me and I feel traumatized.
9. I am always in a traffic jam.
10. Nobody cares about me.
11. Bad things always happen to me.
12. I am worried about the car accident.
13. Stupid people always show up in my life.
14. I am craving for meat and sugar.
15. My family does not support me.
16. I don't have a good friend to talk with.
17. None of my friends want to walk on this spiritual journey.
18. I am surrounded by unconscious people.
19. Everyone left me, I am lonesome.
20. I always feel tired. I am confused, I am frustrated, I am agitated, I am worried.

By default, your words, your fear, your prediction, and your limiting beliefs not only restrict others' potential and your self-experience but also put a curse on your situation and a burden on new opportunities to materialize different possibilities.

Remember, you are the One that conspires up every single experience, you can not blame God for bringing forth any unhappy encounter, unhealthy situation, unsupportive people, unwholesome event, or unfortunate experience, since it is your soul taking order from you, then follow your command and to source your magnificent creation.

My wise friends, pay attention to your words, to your experience, to your reality, then you shall be mindful of your language and your statement because it is your vocabulary, your expression, your command, your prophecy, and your passionate energy that casts a spell and conjure up actuality.

One more insight for this 3D reality:

Everything is a psychological game and is our epic creation.

When you argue about your limitations, you get to keep it.

What declaration does serve you, and what statements do you want to add to the above lists to assist other people to be more mindful of what actuality they are chosen to experience. Please express your thoughts in the comment box to support others to elevate their consciousness on this spiritual journey.

Wise soul, with infinite love and deep gratitude, I am thankful to you in advance for supporting other people to do their inner work.

The Impact of Our Thought

I inner-stand that our subconscious is conditioned, we are being trained, we are being programmed, and we've been accustomed to holding on to the old emotional reacting pattern, the infancy thinking habit, the obsolete sad stories. Also, our brains have been inserted in fear, the psyche is often driven by the narrative of negative incidents, and the intellect is overwhelmed by outdated belief systems.

Yet, lots of people don't comprehend how this matrix works, people just think all those challenging events that happen in life are normal and legitimate.

We didn't know was our thinking habits, speaking words, unexpressed feelings, unconscious behavior, unhealthy emotions, unwholesome reactions, unsupportive mindsets, and unproductive projections conspired to repeat loops and conjure up the same sequence of suffering.

So, how can we stop the Endless Cycle of Samsara

{ Samsara is considered to be dukkha, suffering, and in general unsatisfactory and painful, perpetuated by desire and avidya (ignorance), and the resulting karma. }

1. Being mindful of the words that we use.
2. Consciously examine how we verbalize the situation.
3. Deliberately choose statements that uplift our soul.
4. Purposely utilize the magic of cast spells.
5. Pay attention to how we narrate the story to ourselves and others.
6. Have awareness of our thoughts that serve our mind or not
7. Be watchful of our thinking elevate our emotions or not.
8. Intentionally use our opinions to influence our experience.
9. Carefully select viewpoints that benefit our development.
10. Specifically pick a positive attitude that impacts our actuality.
11. Knowingly gather perceptions that increase joy and peace in our day.
12. Consciously collect meaningful tales and noteworthy beliefs to raise our spirit.
13. Determinedly practice projecting reality that adds value to our lives.

My awakened friends, when we are being mindful of our words, thoughts, reactions, emotions, energy, projections, creations, and inundated by more conscious choices. Definitely, we can break the repetitive pattern of suffering, alter the outcome of situations, as well as transcend all those unpleasant events to serve our best interests and higher good.

Change Habit, Change Life

Have you wondered why we are trapped in difficult situations?

Have you wondered why we are caught in an emotional struggle?

Have you wondered why circumstances are defining our behavior?

Have you wondered why we are stuck in the loop of suffering?

Have you wondered why we are being confined in a mental condition box?

My inner-stand is, that we have been taught to play the victim game, we have been trained to accept deceitful information, we have been programmed to trust the authority completely, we have been manipulated by fraudulent government, and we have been emotionally toyed by the cabal and unknowingly let them conditioned us to stay at the limiting reality.

The cabal mind-washed humanity with television, movies, and mainstream media, which make us blindly believe everything that they present to us, we buy into their narrative without question, we naively follow the so-called traditional custom, and we innocently participate in that illusion game such imprison mankind for ages.

For example, in the past, when someone criticized me, bullied me, or screamed at me, I felt offended and frightened, my spirit shrunk, and mistakenly started to play the victim game. But a few days ago, I went to visit a friend in a hospital, and came crossing a stranger and angry men, he was furious and spoke unpleasant words towards me. I was shocked for a second and felt the terrified reaction rising, then my self-awareness brought me back to the present moment. I took a few deep breaths and intentionally released the habitual program. During those few conscious breaths, I purposely and silently said this to my soul, " I am not afraid, I am protected, and I am sorry for something triggering you. my friend, I am sending you light and love. But this is my movie, I unintentionally generated a hostile manner of you, and I also can create you more lovingly. "

So, I reached out my hand firmly and boldly: "Can I introduce myself? My name is Maya." With a raging voice, he replied: "I don't care." However, I silently said this

to my heart: "I am here to do good work and do what God has entrusted to me. No one can bully me about it." I looked directly into his eyes with compassion, but he was afraid to meet my eyes. In just a moment, he ran out of the hospital room and did not come back that day ... a few days later, I saw him again, and he shed tears and gave me a big hug and thanks ...

The lesson is: in challenging situations, I can repetitively feel sorry for myself, feel hurt, or react with eye to eye, But, such an old habit, an outdated program does not elevate my consciousness. I can take charge, and hold space for a wounded soul, also to utilize the opportunity to serve my soul expansion. Therefore, am I letting the habit break me, or am I break the habit?

As I Change Stories, I Change History. I Reprogram Thinking, I Reprogram Mind. I hope we ponder; can we stop playing the victim game, the sabotage game, the blame game, the criticize game, and the retaliation game?

Can we revoke the use of the past story, the outdated thinking pattern, the obstructive emotional habit, the unsupportive narrative of the event, and the unhealthy attitude towards our minds?

Can we forsake all those reactions that no longer support our soul to evolve? Also, we persistently do our inner work and release the habitual program of fear, confusion, anxiousness, frustration, worry, destruction, burden, drama, and limitation.

Can we start a new outlook on self-image, self-confidence, self-fortitude, self-determination, and self-love?

Can we consciously abandon the repetitive habit of using the past, and the story as references to view people and situations? Because our words, our thoughts, our habits, our beliefs, and our projections can conjure up different experiences and new realities.

Please remember this golden saying: Your Thoughts Shape Your Reality. If we continue to perpetuate the aged narrative and think to use the past as a reference to aim to construct a safer life experience. Yet mechanically we are stuck in the same loop. Since we are unable to live in the present moment, which means we

cannot create new paradigms from the old and are also unable to embody a new reality to experience.

Too often, people let the past hold them back, and then the heavy baggage prevents us from moving forward. Also, when you are living perpetuating fear, then the fear usually manifests itself. Therefore, we must learn to release, let go, rest assured, and trust changes will allow our souls to materialize miracles.

Are we breaking the pattern or let the pattern break us

For many years, mankind innocently allows intentional movies, television, artworks, music, articles, fallacy, and books to cast a spell on our reality. We unknowingly permit the cabal to subliminally program our psyche and play out a game on our subconscious. Then we trained to focus on what we didn't have, we have been accustomed to finding others' mistakes, we have been conditioned to emphasize self-need, we have been influenced to have a judgemental mind, we have been altered to take joy in criticizing others, we have been changed to less care for others, we have been converted to cannot live without the materialism world, we have been taught to magnify unhappy event, we have been educated to hold on to the past story and seek retaliation, we been transfigured to act in an inhumane way and carried lots of unproductive emotions.

Also, we have been brainwashed to focus on working, spending, consuming, living in fear, building a career, drowning in never-ending debt, and then having no time to learn about who we truly are, and what we are meant to be on earth to contribute to.

We unconsciously construct sad, fear, enigma, agitation, frustration, illusion, destruction, and limitation patterns for us to experience in life. Because when we don't have confidence, don't feel adequate, don't feel enough, don't feel secure, and don't feel loved, how can we break the habit, how can we create change, how

can we live our life to its fullest, how can we bring an exceptional example to inspire, to empower others to walk with us on this awakening adventure.

Now, we know how the cabal was trapping humanity, influencing our thinking patterns, inducing our emotional drive, interfering with our conscious development, dictating our repetitive experience, and manipulating our glorious reality.

Then it is our responsibility to release all those outdated stories and let go of our unfortunate history. And implant new language, enthusiastic attitudes, optimistic mindsets, uplifting narratives, innovative methods, and valuable beliefs to enrich our life experience. It's time to alter our mental paradigm and establish new trajectories, reprogram thinking and give meaningful expression, create productive patterns and different beliefs of health, and be positive role models to build a new world.

Certainly, we are raised conscious now, we can flip things around, we can utilize words that empower our souls, we can create more beneficial soulful dialogue, we are no longer interested in playing the victim game, we can act from our heart, we can have strong faith, we can take action that strengthening others existence, we can transform our life and other people journey. Since we know better, and we do better.

Our awakened friends, let us consciously adopt new habits, as we being authentic, optimist, thoughtful, kind, radiant, helpful, compassionate, resilient, genuine, considered, genius, being loving, and we can dismantle the indoctrination program. Also, we have the ability to break the non-operational perception, dissolve unhealthy patterns, and abolish toxic emotional conditions, we believe our new practice can create a different actuality.

To all the truthers, freethinkers, and digital soldiers, with infinite love and deep gratitude, I am thankful for all your selfless service to humanity, May we continue to do the inner work of shifting paradigms, break the pattern we once woven and becoming examples of change, and to materialize a magnificent experience.

A Paradigm Shift

To all the truthers, freethinkers, and digital soldiers, with love and gratitude, I am thankful for all your selfless service to humanity, yet I am making requests to you all.

Since some awakened people are angry at the masses for not changing, many people are upset that our family is not joining the awakening movement, many people are disappointed our friends do not jump ship with us, many people are unhappy that our relatives do not walk with us, and many people are feeling sorry for all those who were still sleeping at this critical time. Then they threatened them, they laughed at them, they condemned them as helpless, they criticized them for not being smart, or worse, they labeled them an unconscious sheep.

Little do we know that our words, thoughts, feelings, energy, and projection suppress other people's consciousness, actions, ability, intelligence, and probability. On the other hand, if we are holding space, if we are not judged, if we are being compassionate, if we are being mindful, if we are reprogramming our thinking pattern, and if we are being excellent examples, then, we can create another potential and welcome energy field for everyone to experience change.

Awakening souls, it is our obligation to inform, our job to help, and our duty to support others in raising consciousness, being aware of the truth, paving the way, and realizing the enlightened path. Moreover, as we uphold integrity, we are compassionate examples, and our inclusion can lead the way to exhibit to others the possibility of lifestyle change.

23 actionable practices that we can demonstrate and enable us to inspire others to be our teammates:

1. Always consider other people's awareness level.
2. Always be mindful of what others need.
3. Always lend an attentive listening ear and be broad-minded.
4. Always be authentic and share our perspectives.

5. Always being open-hearted to recognize others' psychological state.
6. Always acknowledging our opportunity for growth.
7. Always taking responsibility for our words and actions.
8. Always give people time to reflect on information.
9. Always facilitating people doing research and answering questions.
10. Always holding others' hands on they are discovery adventure.
11. Always say what you meant and meant what you said.
12. Always respect other people's religions and differences.
13. Always have an optimistic attitude and see the best in others.
14. Always enthusiastically come to assist people in requires.
15. Always not being afraid to articulate 'I don't know the answer'.
16. Always share your compassionate heart and not attach the outcome.
17. Always do not employ fearporn to threaten people to wake up.
18. Always being supportive of others to reprogram perception.
19. Always do our best to be helpful and responsible.
20. Always have a loving heart to care for other people's mental health.
21. Always accept others as who they are and not to force change on them.
22. Always demonstrate our ability for transformation and chance to raise consciousness.
23. Always express our gratitude for the opportunity to be a blessing to others' life.

In addition, as we are stop the attitude of my way is better than yours, stop playing the victim game, stop perpetuating fearporn, stop feeling sorry for people, stop engaging in a self-fulfilling prophecy, and stop limiting yourself and others, since limiting belief cannot create a possibility for other people to expand their consciousness. Thereby, we are here to set an intention and hold space, we are

here to be a guiding light and to anchor the energy for others to awaken, then we can flip challenging situations around and elevate humanity's conscience to a new level of awareness.

Keep in mind, if we don't live by our words, actions, works, integrities, passions, and beliefs, how can we be an excellent example of a higher consciousness? if we are not good role models to shift our paradigm, how can we inspire others to join our awakening movement? Yes, our life reflects our inner world, and change begins with our internal.

Our awakening soul family, we have faith and trust everything is in divine order and all divinely orchestrated.

As well as believe we are in good hands, and we are in God's hands.

Reprogram our Minds to release the distortion of Emotions

Let us decode the Earth game:

The dark forces set up an unconceivable agenda, have a gigantic budget and massive production to produce deceitful advertisements, war movies, destruction music, fabrication history, immorality artwork, deceived social media, fraudulent game shows, black magic fairy tales, drama television programs project an unimaginable illusion to suppress human consciousness. The cabal knows words and imagery create intense frequency and vibration, as speaking words and vivid pictures can conjure up force to influence the human energy field to shift and to Project different trajectories. This why the evil force uses every trickery in the black book to broadcast, to bombard our perception of our magnificent avatar, also, they do not hesitate or spare any trickster to aim to conquer humanity at all costs.

But no matter how hard they try, or what scam they conjure up, they no longer have the power to manipulate this 3D reality. Even though, they think they can control mankind with intentional movies, television, artworks, music, articles, fallacy, and books to cast a spell on our consciousness. Also, the cabal deliberately stimulates the distortion of fear, anger, agitation, worry, lack, competition, hostility, anxiety, frustration, jealousy, shame, confusion, hatred, animosity, limitation, torture, envy, trauma, humiliation, scarcity, war, drama, destruction, tragedy, dilemma to stress us out, to lower our frequency, and to destroy human consciousness.

Additionally, the cabal seeks to utilize those obstructive energies to lower human vibration, by product to breed harmful thoughts, struggling emotions, suffering perceptions, and conditional disease to craft human reality. The Cabal knew when our mind living in a deformed state, then mental dysfunction generates sickness.

Think about it, when we stress out, when we are in scarcity when we are in the survival mood, then we cannot have a high productivity of nutrients to supply our body needs, we cannot have high vibration to produce new cells to sustain physique function. We cannot have high energy to preserve our well-being.

The trick that the cabal uses is called "predicted programming", which is to use the false matrix to project our reality, they use those repetitive techniques to fuel this earth game and to trap humans into a 3D stimulation timeline. However, the cabal is failing this manipulation game miserably right now, since humanity is waking up to see through this illusion and destruction. Because we know the cabal purposely inserts those obstruction games and forces it on humanity to face, now we comprehend the means they use, we are altering their game plan, and we are utilizing the tool to empower our reality.

We are not speaking metaphors for other people to debate, we are purposely presenting the statistics, the facts, and the undeniable truth that humanity is awakened from this stimulation and amnesia. Like the documentary movies: <The Truman Show>, <They Live>, <The Matrix>, yet many people mistakenly believe those are science-fiction movies. Another fact is: that there are many insightful movies out there to inspire people to reexamine society and our reality, like Thrive, Mr.

Nobody, Samadhi Movie, "Maya, the Illusion of the Self". Awakening Mind Part 1, "Know Thyself". Who we are.

One more fact, we actually need to say thanks to the cabal, since they are doing our favor to push us to awaken, to teach us to discover this hologram universe, which means that we can project the reality that we choose to experience. As well as the cabal had assisted us in realizing how powerful we are, and now we recognize we have the resilience to create a brand-new world.

Clearly, we are aware of the challenging situation that humans are facing, and it is our duty to raise consciousness, so then we can transform the timeline and create an impactful actuality.

3 Suggestions to be a living example:

- 1.) Call in our soul and ask to discharge all those programs that no longer serve our best interest and higher good.
- 2.) As soon as we feel a situation or person triggers us, brings us down, or interferes with our peaceful state, intentionally take 3 deep breaths and release those reactive emotions.
- 3.) Be mindful and deliberately interrupt thinking patterns and emotional conditions, also recognize all those systematic programs that not adding value to our personal growth.

Remember, when things that we don't want to experience, then don't verbalize them, don't give energy to them, and don't make it to life.

Be aware, that when our mind functions joyfully and operates in a merciful state, then we have the power to produce, to create something magnificent to contribute to humanity's well-being and betterment.

Please keep in mind and do those 8 tasks daily to raise to higher consciousness:

1. learn to mind-wash with the optimistic incantation.
2. take out the fearful mental garbage.
3. reprogram our minds with positive frequency.
4. release the condition of unwholesome emotional domination.
5. interrupt unsupportive thinking patterns.
6. break the habitual reactive programming.
7. stop watching or listening to

anything that does not add value to our growth. 8. only supply our mind with upliftment music, meaningful movies, and magical elevation books.

My wise friends, do you still want to play the victim game, blame game, and inferiority game, or do you choose to transmute and to play a different game, victory game, triumphant game, and have a vigorous life journey.

What kind the game does your intent to play out?

Most importantly, trust you have what is taken to activate a new portal and to release all those distractions that no longer bring out the best of You.

When a Person Triggers You, it Means You are not Free

In this awakening journey, in our daily life, we often face some challenging situations or provoking people, when we feel upset with the circumstance or words from others it means that we're being triggered, we are reacting, and the systematic program comes into play.

3 processes to free the mind-controlling game

1.) let us inner-stand why we are being triggered

As soon as we feel some disturbing event occurring, we need to take a deep breath to clear our mind and identify what emotion dominating our psyche.

2.) what action to take to handle the trigger incident

Turn into our heart and connect with the trigger emotions, ask why feelings of anger, scared, frustration, worry, frightened, agitation, fear, anxiety, confusion, hurt, or heartbroken.

3.) what we need to know to dissolve the trigger emotion

After we recognize the trigger, we acknowledge it and look deeper into it, then willing to do inner work to decode the trigger reaction and declare to release the emotion that no longer serves our higher consciousness.

6 techniques to dissolve the trigger from other people

1.) Need to interrupt the thinking pattern, the emotion mechanism, the repetitive argument, the systematic program, the mind conditioning, and the habitual reaction cycle.

2.) Say this to the person who triggered you: "Thanks for triggering me, this shows me that I am not free of emotion control, and I have inner work to do."

3.) Sincerely ask for forgiveness and say the following to the opponent, "I'm sorry, I triggered you, I had projected some emotion to you. Please forgive me for triggering you into this reaction. I love you, since I know this reflects each other mental state. I'm thankful to you for doing me a favor, triggering me, and elevating me to see what shadow work I need to complete, also what lesson I need to learn to raise my consciousness.

4.) Invite the trigger person to have an openhearted conversation, be authentic, and be your true self, ask why there is a strong reaction and express what you are concerned about, so you can transmute the meaning of the event.

5.) Take three deep breaths, as you exhale, imagine and visualize that you are releasing all those unwholesome emotions which no longer serve your higher good. Be genuine, ask your soul to connect with the sensation that appears in the body when you are upset, and be willing to cut ties with all those unpleasant emotions.

6.) You can also look at the mirror acknowledge the reflection of self-reaction and be aware of the Paradoxical. When a person criticizes something or someone, routinely, deep down in their psyche, they have unsupportive emotional issues, have something that they don't like about themselves, so it's a reflection of what they don't like since they didn't know how to handle the situation or did not have the insight to deal with the shortcoming, then they are lashing out to another person. In addition, you can request your soul to guide you on what to do in order to support other people to raise higher consciousness and have holistic attitudes.

9 essential approaches to keep in mind

- 1.) Our soul mission on earth is: to learn, to experience, to discover, to forgive, to rejoice, as well as to love unconditionally.
- 2.) We choose every experience for expansion, we choose every situation to learn, and we choose every event to elevate our consciousness.
- 3.) Self-awareness plays a vital role in our self-development and self-grow journey, as we take the initiative action step, then our soul shall guide us toward a more beneficial discovery situation.
- 4.) When you acknowledge any challenging circumstances, you put a stop to the reaction program, and then you are no longer letting the unproductive thoughts provoke deeds or unhealthy emotions to dominate your life.
- 5.) As you take the initiative, and boldly own you are part of the situation and solution, then you know your self-realization is the primary factory for resolution of any conflict.
- 6.) Every time you act on your inner wisdom, you are breaking the cycle of predictable programming, and you are creating a space for your opponent to disrupt the systematic reacting pattern as well.
- 7.) More interrupting the repetitive reacting program, then you are free of the matrix program. When you recognize that is a mind game, then you are liberated from the habitual mind game. As well as the trigger no longer manipulates you, and you are the one who has the autonomy control of the trigger.
- 8.) Always act to bring the best version of yourself, follow your intuition, be the Change-maker, happy to make self-improvements, and enthusiastically create an impact in any critical situation.
- 9.) Declare your aspiration to the Universe: I am on earth to free myself; I am here to bring the best out of me, and I am willing to bring the best out of other people.

Awakening friends, I am grateful to my soul bestow me an angel to trigger me
and elevate my consciousness.

Empty Mind

Many people don't know or believe how our world was formed, how it came into being, and how this so-called reality was conjured up. However, due to people's blind trust, we have unconsciously played an important role in fueling the flames of the Cabal's game.

What people can hardly imagine that in this three-dimensional world, everything is shaped by our thoughts, articulations, emotions, beliefs, projections, frequencies, vibrations, and energies. Thereby, the ruthless cabal deliberately brainwashes humanity through distorted movies, television, artwork, delusions, games, music, articles, fallacies, and books.

Although the Cabal thought it was best to use games, fear, anger, sorrow, worry, doubt, competition, deficiency, emptiness, separation, complaining, hostility, miserable, anxiety, depression, shame, irritability, jealousy, incompetence, suppression, embarrassment, confusion, guilt, suspicion, hatred, restriction, pain, torture, humiliation, war, corruption, lack, destruction, tragedy, danger, trauma, wickedness, drama, sin, dilemma, relentless fluctuations to increase people's stress, reduce people's frequency, and aim to destroy people's sense of self-awareness.

Besides, they use words and ill emotions of irresponsibility, unhealthy, unethical, unsupportive, inadequate, unoptimistic, unrealistic, unsatisfactory, and untrustworthy to create this so-called reality. The cabal not only utilizes these obstructive energies to lower people's vibrations, but the by-product is the breeding of harmful thoughts, emotional struggles, and panic cognitions to construct suffering that affects people's living environment.

They also manufacture a world to indoctrinate in people no need for life values, life morals, life principles, life aspirations, life purpose, and life direction. The cabal recognizes that when our thinking mind is in a deformed state, people's mental dysfunction will easily produce disorders, which they unknowingly help the cabal to create a cage of dark perception that imprisons our growth. Yet it is the

Cabal's mind control, fabrication programs, and projection games that modify human consciousness and alter our reality.

Even supposing they practice all means and rack their brains to use various channels to implantation of distorted emotions in people, no matter how hard they try and no matter what scam they formulate, in fact, they no longer have the ability to manipulate the future world of mankind.

Please also consider that if people live in the shadow of beating, harming, guarding, deceiving, plotting, and killing people every day, then by accident, people will experience a dangerous and untrustworthy realm in life. Even if the Cabal believes that many games and complex equations can be created to influence human consciousness, spirit, and health. But throughout history, their agenda to control humanity has never been able to succeed. Because God has a greater, more perfect, and more peaceful plan for mankind.

That's why we cannot stay out of this era of change. Specifically, we need to re-learn, re-evaluate, re-brainwash, re-govern, and re-open a new path to experience.

There is also the wisdom of the Buddha: we must practice every day: to let go, to relinquish, to release, to surrender, and to rest assured that our soul always meets our needs.

It's time to empty your mind. Because only an unfilled psyche and an unpolluted consciousness can fully engage in and experience a new world.

I am here to declare: I am no longer a playmate in mind games. However, I am truly grateful for all those unsupportive emotions, unhealthy thought patterns, and unpleasant friends. Since I clearly comprehend what my soul really needs in those encounters in order to elevate my possibility for triumph.

As a wise man said, life is a gamble, so let us take a mighty gamble, combined with live vigorously, also to experience a supreme magnificent life.

Be a Mindful Guide

Freethinkers, Truth Seekers, Light Workers, Star Seeds, Digital Soldiers, Energy Healers, Content Creators, Wayshowers, Empaths, and Warriors, here are my Soulful Requests to You

Every day, we witness many people start to ask questions, we comprehend lots of people know that we were prey to the forces of darkness, and we are observing a massive of people waking up from this deceitful reality, yet people are lost in anger, frustration, and involuntary depression.

So how can we help as collective awakening souls to our dear spirit family members?

Let us unite, be sympathetic, mindful, an excellent example, a friend, and hold those people's hands on this awakening journey.

Things that we can offer to help as a compassionate communicator, righteous guides, thoughtful facilitators, valuable assistants, effective supporters, and integrity leaders.

1. Don't throw all those conspiracy theories at others.
2. Don't overwhelm people's psychology with the vast truth.
3. Don't let those high-conscious spiritual words confuse others.
4. Don't laugh at the intellectual status of an unawaken person.
5. Don't quarrel about spirituality being better than religion.
6. Don't condemn people for their choice of decision.
7. Don't judge people for not aborting the old belief system.
8. Don't force people to abandon their religion.
9. Don't dumb down people for their chosen lifestyle.
10. Don't ridicule people for standing with a dark conscience.
11. Don't criticize people for hanging on to the outdated program.

12. Don't mock people for not caring about anything going on in the world.
13. Don't start internal attacks on each other beliefs or life choices.
14. Don't fight about anything that costs us more separation.
15. Don't challenge the psychology of people who have woken up from the Matrix.
16. Don't curse anybody for not having an awareness of the genuineness of this reality.
17. Don't put fearful ideas about the end game to scare people to join the awake movement.
18. Don't justify our words and actions to frighten others to jump ship to spirituality.

Awakened friends, may we be more mindful about the frustrations people experience when they awaken from the Matrix. May we be compassionate listeners, may we be thoughtful and attentive to the needs of others, may we be persistent supporters of raising consciousness, may we focus on the mental state of others, may we concerned in helping others to dissolve their anger, may we considerate others' in turmoil or in doubt, may we aware that our words have an impact, may we know we have the power to transmute every event, may we persevere to be good role models, may we enthusiastically to influence others be the change we want to see in the world, may we work together to create joyful and peaceful planet earth.

Yes, it all starts with each one of Us.

Let It Be

Changemakers, Warriors, Star Seeds, Freethinkers, Digital Soldiers, Light Workers, Energy Healers, Wayshowers, this Love letter is for you:

As we walked on this spiritual quest for many years, we soul searched, we studied, we questioned, we explored, we learned, we discovered, we investigated, we witnessed, and we experienced many memorable encounters, but our minds are not buried in a mass of incomprehensible truths.

With insightful information, profound knowledge, inner-stand of truth, supernatural healing, paranormal events, and mystical alchemy, we all want the "sleepwalking people" (I do not project any disrespectful energy here, because I was one of them back then, so I chose not to condemn anyone) to join our awakening movement.

Let me share a story with you about my quest for truth. some time ago, I was just like most of the people living in this fictional dreamland, believed that I had a beautiful life, enjoyed watching television, loved to consume meat, was obedient to authority, regurgitated false advertisements, contented being a shopaholic, perpetual debt slave system, and did not have a clue what is happening around the world. Finally, when I had my initial spiritual awakening in 2008 in India, I thought I had found GOD, and thinking that the Universe was opening its door to me. Little that did I know, that was my first step to discovering the Matrix.....

In 2012, when my friend shared the information that Canada is not a government but a corporate-run entity, and the banks and the courts are all privately owned corporations, I laughed and told my friend to stop watching all those crazy conspiracy theories because they are lying

That's how I was been mind-wash, being conditioned, being trained, being trapped, being programmed, being blindly trusting the authorities. Even though I ignorantly didn't believe a word of what my friend presented to me, still I was open-minded, and I started my own research journey. Truth be told, this investigation pursuit was more than I could fathom. Because what was exhibited to me are lots of those conspiracy theories out there were True: what I have learned, what I have been

told, what I show, what I have been eaten, and what I believe was absolutely fabrication.

Imagine the shock, the agitation, the anger, the frustration, the fear, the devastation, the destruction, the panic, the scarcity that exuberant your emotions, your mind, and your body. Let's be transparent here, From 2012 to 2015, I had a sleep disorder, and my mind lost its normal functionality, also I was suffering from depression since I was frightened, scared, terrify. My inquiry to God every day is, where is the way out for mankind? Thank you to God, many years of questioning led me to a self-realization, and then I became consistent and dedicated my life to undergo soul searching journey.

Since I learned that the evil force constructs a deceitful agenda to change human history, corrupts our language, contaminants natural water, manufactures poison in food, and puts toxins in medication to alter human intelligence. That turned me into be feisty soul, standing up to challenge and confront the government system.

Although I have been through numerous unfathomable situations and had abundant unbelievable experiences in the last 16 years of spiritual quest, which push me, enlighten me on all those evil agendas. I see mankind have the opportunity, I see light at the end of the dark tunnel, and I see the blessing in disguise. Since God allows this to happen, it has a meaningful purpose, it serves our higher good, and it bestows us tools to access our own divinity and raise our higher consciousness.

Yes, with all those knowing, researching, discovering, awakening, and self-realization, I started to sell people for what I know, and also to pressure friends and family to come on board with me. I seem to forget not everyone needs to awaken, I seem to forget my own turbulent in this quest, I seem to forget not everyone needs to face suffering, I seem to forget this spiritual path only for fearless spirit, and I seem to forget everyone had chosen it own soul mission on earth to experience.

The ultimate question to my soul, I can invite, I can demand, I can entice others to explore and to awaken from this unconceivable matrix. However, I can not force it down to people's throats. Because, if they're not ready, or if that is not their soul choice, I may end up ruining the relationship with others, or leading the weak

people to face suffering, or destroying their joyful mirage, or completely abolishing their "so-called" society.

The alchemy is we can only change ourselves and become the best version of ourselves. As well as exceptional trailblazers, integrity influencers, spiritual guides, research assistants, emotion supporters, healing facilitators, excellent examples of awakening, also a sensible leader in paving the way for other people. When we implant the seeds, we are being compassionate to accept others as who they are, our brilliant light and eternal love shall touch other people's hearts.

✦ Awakened Methodologies ✦

Everything materialized into this reality is our intention and energy and believe, that as we Lead by example but not by Words, then we can create a ripple effect, and heartfelt of impact shall inspire others to be the change we want to see in the world.

Awakening friends, Please consider what are you willing to practice

✦ Let it be, respect other people's freewill ✦

"Would you like to save the world from the degradation and destruction it seems destined for? Then step away from shallow mass movements and quietly go to work on your own self-awareness. If you want to awaken all of humanity, then awaken all of yourself. If you want to eliminate the suffering in the world, then eliminate all that is dark and negative in yourself. Truly, the greatest gift you have to give is that of your own self-transformation." ~ Lao Tzu ~

We Are Example

A Soulful Request to Freethinkers, Truth Seekers, Light Workers, Star Seeds, Digital Soldiers, Energy Healers, Content Creators, Wayshowers, and Warriors.

We all observe more and more people awakening up, we all face challenges each day, we all see people suffering around us, we all experience profound energy shifts, and we all witness the world change each moment. Yet, our awakening friends, are we walking our talk, being congruent with our work? being a fine example, being a guiding light, being a thoughtful leader in supporting others to see through this matrix?

I do realize this is not an easy path, I do inner-stand that we are being trained to stay in the comfort zone, I do comprehend that we are being programmed to be systematic reactions, I do recognize that we are conditioned to need for other people approve, and I do know this spiritual road is less travel.

However, awakening souls, as you witness your brothers, sisters, and friends waking up from this slumber, this illusion, this difficult time. I trust you shall come for they aid; they are need, and being they are support system.

I wish you can be an excellent example and illuminate a bright light in others seeking adventure:

1. Be compassionate and listen to their question.
2. Be open heart and give your undivided attention.
3. Be their backbone and assist others in moving forward.
4. Not to criticize other people's habits and thinking patterns.
5. Not to ridicule people's choices or reactions to what they discover.
6. Not to add trauma to a drama land.
7. Let us accept each other as who they are.
8. Let us be here for each other and celebrate the win.

9. Let us bring out the best of each other and shine our brilliant light.
10. Being conscious about what other people need and their mental state.
11. Being a provider of truthful knowledge to advance others' soul growth.
12. Being selflessly giving unconditional love and blessing other people's journey.

Wise souls, let us practice what we preach, let us unite, let us rejoice, let us love each other, and let us assist each other on this awakening journey. In this critical junction of humanity's history, we believe that it is our duty to contribute and be the change we want to see in the world.

Seek Truth in this Critical Time

I am a Truth-seeker and Changemaker, who has been doing full-time research on the decode Matrix for 13 years, during which I discovered tons of deception and fabrication that were manmade to confuse and frustrate our thinking ability, in order to prohibit us continue to seek truth.

Yes, this truth-seeking journey is full of challenges or "landmines", it takes courage to persistence, it takes strength to be triumphant of temptation, it takes resilience to dismiss others' unfriendly label, it takes fortitude to continue to share the facts, it takes heart to stand up for mankind, and it takes willpower to stay in faith for the sake of a human revolution. Yet, when you know mankind's transformation is dependent on each one of us to be the change we want to see in the world, then you shall have the determination to expose this falsehood Matrix and assist others to awaken from this fictitious dreamland.

I also inner-stand that lots of seekers out there have questions, have doubts, or want to give up, since this awakening adventure is full of unimaginable dishonest information, which is severely disturbing our psyche, brutally affecting our normal way of looking at reality. However, when you learn the facts, when you discover

the truth, you cannot unsee or forget about it, or complaisantly trapped in the mediocrity of life.

Firstly, it is imperative for us to cultivate sharp eyes to distinguish fiction from truth. May I present you a few facts, I hope you are paying attention to misinformation as you are going down this bottomless rabbit hole and doing self-investigation on the conspiracy theory.

1. Some people know the facet of the fact, yet willingly reveal their findings to assist others in embarking on a quest for the truth. Certainly, they against being stuck in a rut, present different research methods are proposed to deal with the established system, which contribute value to our learning and studying journey.
2. Some people intentionally share secret knowledge, which accelerates the disclosure timeline, and elevates human awareness.
3. Some people have the purpose of testimonials of a guiding light, inclined to share insights and inspirations and upliftment in support of other people's walk.
4. Some people may not find every piece of the puzzle, yet they openly share their heart with learning material and discover discernments.
5. Some people deliberately reveal ancient wisdom, in the hope to facilitate other people to have deeper self-realization.
6. Some people do their best to safeguard the facts and defend the truth with everything they know, which inspires others to seek the real reality.
7. Some people determined to pursue the best way to present knowledge in order to assist and advance human consciousness.
8. Some people mechanically regurgitate others' fallacy and unknowingly misleading others in the wrong direction.
9. Some people out there are pay agents by the cabal, who purposely released fabrication of information.
10. Some people are puppets; they obey their masters and intentionally give out misdirected narratives.

11. Some people have ill will for mankind, and deliberately spread fear-porn to lower human consciousness.
12. Some people are knowledgeably misrepresenting the truth to fulfill the cabal's propaganda.
13. Some people cunningly use words to twist disasters and shortages for they are financial profit and publicity gain.
14. Some people calculatingly reveal false statistics to attract attention and increase viewership.
15. Some people consciously sell their souls to serve dark forces for fame and fortune, regardless of the consequences in life.
16. Some people are working for the evil elite, knowingly distributing fraudulent history and fictional data to mis-forecast human future.

A whole lot of laundry lists can be disclosed to you. yet, it is your job to follow your instincts, not buy into everything that you see and read, and be objective to analyze the facets or facts. Do your own independent investigation, and don't regurgitate other people's narratives, because others' stories can only be one side of a component, perception, or another's habitual reaction to the situation.

I strongly suggest you use your own intelligence for discernment, trust your intuition to distinguish fact, believe your sixth sense has the ability to identify the information, and always follow your gut feeling to define which tale helps you to see the truth, to support your journey, to elevate your conscience, to increase your self-awareness, addition to uplift your soul. When your higher self blesses the answer yes, then wholeheartedly study the knowledge and pursue the wisdom.

However, lots of people use fear tactics to force people to awaken, they aren't aware that their innocent actions are unconsciously against others' free will. I want to be authentic and speak from my heart, I was one of them in the past, naive thinking I was doing my job to save humanity. Since I was panicking that mankind has been standing on the precipice for too long time ... Now, I know better, I do better. I only intend to be a facilitator to assist others in researching the truth, to be a guide to shine a light on this false reality, to be a supporter for others, and to let them know they are not alone.

I recognized the alchemy of this awakening journey; I needed to unlearn and relearn everything that the fraudulent system had taught me. I needed to frame and reframe all those unfriendly perceptions of events and stories to serve my soul elevation. I needed to direct and redirect my energy to focus on my passion for growth. As well as I am turning my pain into purpose, impacting my experience, strengthening my perspective, and influencing my conception of life.

Indeed, the more I learn, the more I don't know. Once Upon a time, I thought I knew tons of facts about the matrix, but now I see such just the tip of the iceberg, which is a facet of the truth of my discovering journey.

I am a Rebel; I also advocate peace for mankind. I am a Changemaker, and I also long to elevate human consciousness to a higher level. I am a Lightworker, and I am also willing to be a brilliant light and radiant on others' discovery journey. I firmly believe, that as our awakening people join together, being each other teammates and unconditionally supporting each other walk, then we can alter the fraudulent agenda that the cabal imposed on mankind. As well as our collective energy and cooperation and commitment can create a ripple effect on this planet Earth, in addition to changing the trajectory of human experience.

My wise friends, let us work together for the sake of all life, let us join shoulder-to-shoulder, as well as let us continue to seek the facts and spread the truth at this critical junction of humanity, together we can transform this matrix game.

Harness New Believe to Create New Reality

Humanity is at a crossroads and in the most challenging phase. The time for blindly following authority or passively accepting establishment dictatorship is over, we must rise and put an end to this endless cycle of deception of the matrix. The manipulation system is broken because millions and millions of people are awakened to the fictional reality. We also realized that every system has been fabricated, and manufactured to control human life, which was established to dictate our life direction.

By now, lots of people know the government system, education system, pharmaceutical system, justice system, economic system, agriculture system, industry system, and health care system all constructed by the evil cabal to benefit their unimaginable agenda. All those systems function exactly as designed — to grant the few privileged elites at the expense of mankind. Since many man-made calamities force people to wake up, so it's our time to demand a transparency, accountability, and fairness system that works for everyone, not just the monster elite.

We must ask ourselves critical questions: Why did the cabal manufacture a fraudulent system to control our reality? Why are they manipulating humanity? How did they form a system to steal our wealth in broad daylight? How do all those man-made catastrophes simultaneously occur around the world? Who are the silent criminals pulling the strings? Who are those evil elites-imposed chemicals and poisons in our food and water? How come mankind blindly follows the establishment order? How come humanity allows those unscrupulous enterprises to dictate our emotional patterns and consumption habits? These aren't just rhetorical questions; they are the starting points for an awake-up movement to aim at reclaiming our glorious future. Definitely, our questions demand answers. Undoubtedly, the answers are uncomfortable or unbelievable, but it is necessary, if we aspire to dismantle the corruption structures and the corporation oppression.

As you research the destruction Matrix, soon you shall have some ideas about why all those systems have been fabricated, how mankind has been brainwashed by the

establishment to be conformity, and how we are trained to be obedient to authority. Also, how the Cabal inconceivably betrayed humanity. It's time for us to be Changemakers and Rebels, because we no longer accept ignorance and deception, and we know no one come to save us, it is our humans stand up for humanity.

Inevitably, just like the movie, The Matrix said: "Wake up Neo, wake up Neo."

However, I am not here to push fearful concepts on others or force people to stand up and join our awakening movement. My intention is to produce undisputable facts, ignite your curiosity, and invite you to walk on the Discover journey. Because I believe everyone is a mighty sovereign being, and we all have freewill to choose what we believe and how we desire to live. Yet, I just hope people are questioning the reality and doing a soul search. If we continue to be submissive or obey order, nothing will change, or humans may still be subjugated by cabal-unimaginable mind control.

Think about it, mankind has witnessed lots of manmade adversity, heartbroken events, financial hardship, emotional dysfunction, avoidable disease, and unnecessary war in our lifetime. Yes, all those situations it was the cabal imposed on humanity, because when men experience fearful emotions or confused mindsets, then the cabal can use all those miserable conditional energies to repetitively conceptualize more conflict and dysfunctional mental states to manipulate humanity's splendid future. However, as we stop playing the victim game, we alter the event and the timeline, then the cabal black magic no longer influences our reality.

Please keep in mind, that more and more of us are awakening to the facts, we have the intelligence to break the bad habit of being blindly compliant, we are standing up for our freedom, we are being disobedient to the criminal authorities, we are willingly speaking the truth, we being compassionately acting from our heart, and we are authentically and righteously following our soul calling. Moreover, as more people know the truth, we can collectively stop the nefarious Cabal agenda and free ourselves from manipulation programming. Likewise, we can give birth to a new belief system, and trust humanity has the epic opportunity to flip all those unpredictable situations around in 2024.

In addition, I realized that we are all a fragment of the magnificent puzzle, God wants us to unite together, not in a fight, not in judgment, not in force. Because we are sovereign beings and have the supreme to contextualize, we are the ones who have freewill and divinity to create, as well as we are the ones who have the willpower to harvest new actuality, also we are the ones who have the superpower to materialize profound experiences and new timelines to serve our soul evolution.

As we truly believe we are not powerless, as more people stand with the truth, the cabal's unthinkable plan can no longer dominate or manipulate our life direction. Such collective energy can elevate our awareness, change our habitual perception patterns, transform the frequency to serve our mental state and harness a new mindset to reprogram the past story to impact our potential.

Ultimately, we trust in our willingness to seek, we can readjust and redefine human history, in our forgiveness of others, we can redirect and realign our cognitive, in our shift of consciousness, we can reframe and reposition our narrative, in our complete acceptance of each other, we can reflect and rebirth different experiences to enjoy, in our unconditional love, collectively we can harness new beliefs and have the mighty force to create a paramount heaven on earth as we desire. Indeed, as we believe, we are no longer victims of this undreamed-of reality, since all those unthinkable situations facilitate humanity to seek truth, with this trust and faith, we can materialize a brand-new world.

I promise you; I shall enthusiastically carry the torch of Truth-seekers and share impactful information, uplifting messages, and inspirational insights to assist others in raising sublime consciousness.

May I share this profound inspiration with you:

"Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation), there is one elementary truth, the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then Providence moves too.

All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favour all manner of unforeseen incidents and meetings and material assistance, which no man could

have dreamt would have come his way. I have learned a deep respect for one of Goethe's couplets:

Whatever you can do, or dream you can, begin it. Boldness has genius, power, and magic in it!" -William Hutchison Murray

Your Prayer is Your Power!

We all have Healing Hand and Healing Power

Insightful Dream

I was in a car with my spiritual partner downtown and somehow look like another car was chasing us. so, my partners said, "I want to drop you off, find somewhere safe to hide, and I shall come back to get you as soon as I get rid of those collide people."

My partner stopped the car and let me get out. I saw a large building in front of me and I walked into the parking lot, then found a dark place to hide.

A few minutes later, I realized that was not a good idea, my soul wanted to be with my partner, and no matter what dangers he was facing, I wanted to deal with it together.

I came out of my hiding and walked down the street. Although the street were few people around and only a few cars driven by, yet, I heard an ambulance siren pass by me.

All of a sudden, my sixth sense spiked up, and I recognized something not right. I followed that instinct and chased the ambulance. As I ran close by, I saw a man being carried out from a damaged car and put into the stretch bed of the ambulance.

My heart literally jumps out of my chest, but I know I need to be mindful and not allow the unwholesome thoughts to consume my mind, so then I can shift to a different reality.

As I was standing in front of the stretch bed, the nurse informed me that the man had been killed by accident, she also told me to leave so that they could complete their jobs to put the man inside the ambulance.

Instead of refuse to accept or quarreling with the nurse about the situation, I chose not to buy into what she said.

Remarkably, my soul told me to Kneel and hold my partner's hand to pray. so, I followed that gut feeling on my Knees. While I was holding my spiritual partner's hand and told him: "You cannot leave me, we still have so many things to create and to experience, I desire to do all those things together as a team. "

Miraculously, before I finished my prayer to God, my partner woke up, he pulled down the white cover on his face and asked me what happened to him.

With unforgettable emotions and deep gratitude, I was jumping for joy.

While I moved my body, my consciousness was shifted back to this reality and this dimension. As I sitting up to meditate on this unusual dream message for me to comprehend.

An extraordinary force hit the top of my head with a Soulful Insight:

"Your Prayer is Your Power!"

What this profound dream reveals are our thoughts, words, voices, prayers and beliefs carry certain vibrations, definite frequencies, and characteristic energies. As we speak from our hearts and souls, it becomes our prayer to God. Then, our optimistic intention, our signature energy, and our optimized projection can create, materialize, and experience a new reality.

My wise friends, we all have healing hands and healing power, so have unwavering faith and completely trust God is on our side. Also believe our soul family and divine team always support our aspirations and bless us with miracles. May your dreams bestow you profound inspirations and epiphany insights

How to Tap into Your Dream World

My lesson from this splendid experience was that prayer and meditation were important - no need for religious trappings or beliefs, just the habit of speaking to the open air as an invisible friend when you need some assistance.

When we pray, we are asking the Divine Force for guidance. When we meditate, we drop into the Source stream, if we listen carefully enough, and we shall receive the answers from the stillness.

Sometimes, the responses to our questions reveal themselves to us in vivid dreams. Sometimes the answer comes from the Inner voice, or other people or even advertising messages or books. The thing is, when we pray, we prepare ourselves to be aware to receive the answers to our questions, by being patient and open that the breakthrough is on the way.

So, here's the top secret. A key to recognizing our soul message and having a meaningful life adventure, if you will.

Definitely, that is how I practice every night to tap into my dream world and receive many profound messages from my soul.

When you go to bed, call in your higher self and say this to your soul three times. "I remember my dream tonight. I am grateful for those insights and experiences." (Practice the manifestation Law of Three)

Then in the morning, as soon as you know that you're awake, don't move your body, as lying down in the same space and ask your higher self, "Did I have a dream this morning and can you help me to revisit it?" Then let your brain rest and allow a few minutes of your mind to do the wondering.

When you retrace the dream, feel the correlation, use your imagination to see the surroundings and people, sense the sounds and smells, visualize you are connected with that dream world, and then ask your soul the message to be revealed to your conscious self.

Do this a few times and you will soon discover that the path that you thought was murky and unclear has actually been laid out pretty plainly for you.

I'm not suggesting much here. I'm not asking you to climb mountains or move continents, I'm just asking that you practice this consistently for 7 nights. (Practice the manifestation Law of Seven)

I know the results will amaze you. I know that I am looking forward to learning where your journey has taken you and what your dream might inspire you to do.

The most fundamental tip for you to tap into your dream world is to have faith, trust yourself, and believe that you have the capability to tap into the unknown world.

The second essential tip: is to write your dream down. After you revisit your dream in bed and then write it down, the message usually comes from your automatic writing, the more you practice writing your dream down, the more downloads you shall receive. Oh, no matter what kind the dream is, when you show your higher self, you are open to the Universe's surprise, and your soul shall bless you with many insightful dreams.

One more significant tip: always have a pen and paper on your bedside, so that you are telling the Universe you are sincerely expecting and willing to accept dream messages, downloads, guidance, and insights from your dreamland.

May your dreams lead you to a meaningful and magical paradise

"You're always in the dream state; it's just that, when physically awake, you are flooded with stimuli that demand your attention and focus. When your body is at rest, particularly in deeper sleep, you're able to access the conscious flow that is the dream.

So, if you want to do a little "conscious diving," you need to block out distractions, relax the body, and start surfing the flow of random thoughts and meanderings just beneath your main attention. Follow threads of thought or imagery if you can;

see where they lead. If you're feeling confident, direct the course of action to where you want it to go.

You could arguably call this "daydreaming," but when you are really working through it with intention, it's a little more focused than that. Keep practicing this type of liminal meditation; you may find you can ride it straight through descending layers of conscious thought until the body transitions to sleep mode, then, technically, you've entered the dream."

Gardner Eeden, author of *Lucid: Awake in the World and the Dream*

Please share your dream inspiration with me, in gratitude